

Destitution Support Swansea

Organisation	Address	Website	Support provided	How to access it
Hardship				
Discretionary Access Fund	None	Discretionary Assistance Fund (DAF): Apply GOV.WALES	Up to £56 a week available for any resident of Wales (not just Asylum Seekers). There is a maximum of 3 applications to be made in any one year.	By referral from Welsh Refugee Council or British Red Cross.
British Red Cross Destitution, Asylum Support and Protection Team	None	Get help as a refugee or asylum seeker British Red Cross	If you are waiting for a decision on a fresh asylum claim and experiencing destitution you may be eligible for a destitution payment from the British Red Cross.	Contact them on 01633 720 000, option 1 or email RefugeeSupportWales@redcross.org.uk
National Zakat Foundation	National Zakat Foundation 124 City Road London EC1V 2NX	Hardship Relief Fund - NZF	If you are Muslim and looking for support Zakat Foundation have a hardship fund which you may be able to apply for.	Apply online here .
Food				
Trussel Trust Foodbanks	Linden Church Ty Croeso St Catherine's Church, Gorseinnon Mayhill Community Centre Penderry Community Pantry	Swansea Foodbank - The Trussell Trust	We provide a minimum of three days' nutritionally balanced, tinned and dried food donated by the local community.	By referral from a doctor, health visitor, social worker, Citizen's Advice or British Red Cross

	LifePoint Church Siloam Foodbank			
Foodcycle	The Phoenix Centre, Powys Ave, Townhill, Swansea, SA1 6PH	FoodCycle Leading Food Charity Nourishing Communities in the UK	Hot food and good company.	Meals served every Monday at 6.30pm, last entry for meal at 7.15pm but takeaways available for latecomers
Swansea Mosque Foodbank	Swansea Mosque, 159a St Helens Road, Swansea. SA1 4DG	Swansea Mosque Mosg Abertawe - Islamic Prayer, Activities & Events in Swansea	Food bank open 12.45pm - 1.45pm on Sundays Only	By referral from EYST
Swansea Community Fridge	The Customs House, Cambrian Place, The Marina, Swansea, SA1 1RG	Swansea Community Fridge Goleudy	Swansea Community Fridge exists to distribute fresh food that would otherwise go to waste, to the Community. It reduces food waste, helps to tackle food insecurity and is open to all.	Every Wednesday between 12.30 pm and 2.30 pm.
Ogof Adullam	Penlan Methodist Church, Heol Gwyrosydd, Penlan, Swansea, SA5 7BT	Ogof Adullam Facebook	Refreshments and a hot meal are provided free of charge.	Open Monday, Wednesday and Friday 10am-2pm
Ty Forest Hub	872 Carmarthen road ,	Ty Forest Hub Facebook	Ty Fforest Hub Swansea organise regular food shares, these are open to anyone, no referral or voucher is required and is	Email Tyfforesthouse@gmail.com or check their www.tyfforesthouse.com

	Swansea, SA5 8HR		a way of preventing food waste. You just need to turn up with a carrier bag. Details of where food shares are being held can be found on their Facebook page and they can be contacted via email.	Facebook page for dates of foodshare.
Centre for Africa Entrepreneurs hip	222b High Street Swansea SA1 1NW	CAENTR	Recognising the vulnerabilities of communities, particularly asylum seekers, our foodbank service diligently delivers nutritionally-balanced food parcels, ensuring no one goes without the sustenance they need.	Contact info@caentr.org
Matt's Cafe	Matthew's House, 82 High Street, Swansea, SA1 1LW	Matt's Café	Provides hot food and support for asylum seekers.	Open Sunday, Monday and Tuesday.
Unity in Diversity	York Place Baptist Church (Opposite The Vue Cinema) York Street Swansea SA1 3LZ	Unity in Diversity	Unity in Diversity is a charity that provides food, support and learning opportunities to asylum seekers and refugees in the Swansea area.	Meetings are held on Thursday 4-5.45pm, enjoy a warm meal and discussions with fellow community members.
Too Good to Go	None	Too Good to Go	This app enables you to get surplus food from shops and restaurants at a reduced price. You have to be able to collect it within a certain window of time and have the phone with you to show them.	Via the Too Good to Go app
Clothing				
Give your Best	None	Giveyourbest.uk	Their online catalogue of gifted women's and children's clothes/shoes/accessories can be 'shopped' for free by people in the UK who are refugees, seeking asylum, victims	Click here to access the shop: Give Your Best - UK - Gift your

			of trafficking, destitute, with no recourse to public funds or with precarious immigration status.	clothes so women who need them can shop for free
Wellbeing				
Barnardos Boloh Helpline	None	We're here to support adult asylum seekers Helplines (barnardos.org.uk)	The Helpline will offer advice, signposting, emotional support and 8 free sessions of therapy by qualified Barnardo's therapists. These sessions can take place remotely via telephone or online. Barnardo's a large pool of culturally informed therapists who speak a range of languages. Sessions can take place in your own language at a time that works for you.	The Helpline is open Monday - Friday (10am-8pm) and Saturday (10-3pm) via phone 0800 151 2605, webchat and email Boloh.helpline@barnardos.org.uk .
Families				
Baby Basics	St Thomas Swansea, Lewis Street, St Thomas, SA1 8BP	Baby Basics – St Thomas Church, Swansea (sts.church)	Baby Basics is a volunteer-led project supporting vulnerable mothers and their newborn babies. We are now delighted to be operating this scheme in Swansea. Baby Basics works with midwives, health visitors and other professional bodies to provide starter packs for those in need. We can help vulnerable groups such as teenage mums, asylum seekers, and women fleeing domestic violence and trafficking.	By referral from midwives, health visitors and other professional bodies